

## HELD ON WEDNESDAY SEPTEMBER 6, 2023 THE BREWERY, LONDON

## ABOVE AND BEYOND INDIVIDUAL VOTE



## Shabbir Mellick

I have supported community mental health projects in every way I can.

Shabbir has worked tirelessly to support mental health projects in his community, dedicating his time and expertise to making a meaningful difference in people's lives. Through his passion for mental health advocacy, he has actively engaged with various initiatives, collaborations and platforms, aiming to promote wellbeing and resilience among individuals and communities. An example of his commitment to raising awareness about mental health and tackling stigma was his appearance on the Islam Channel. During an interactive session, he addressed the topic of mental health and stigma and engaged with viewers to foster understanding and empathy. This opportunity allowed him to reach a broader audience, sparking conversations and breaking down barriers surrounding mental health.

**CLICK HERE TO VOTE** 

**VOTING CLOSES ON**MONDAY, JULY 31, 2023